

EAST RIDING OF YORKSHIRE COUNCIL
Acre Heads Primary School

“A place to nourish thinking minds”

Dear Parents

An all day skipping workshop.....

I am pleased to inform you that we have invited Skipping Workshops Ltd to hold an all day skipping workshop when every child will have the opportunity to learn a complete range of skipping skills on the above date.

“Skipping Workshops” have presented demonstrations in schools over the past 20 years throughout the UK, as well as in Europe and Ireland. They have represented the UK in international skipping events, and have appeared several times on TV, including on Blue Peter, helping to teach Mr Bean to skip, BBC TV news and SMTV Live. Their aim is to encourage children and adults to skip for health, fun and fitness.

The team coach will work with groups of children throughout the day, introducing a variety of skipping skills, catering for all children from complete beginners to advance skippers.

The gymnastic speed ropes the children will be using during the day will be on sale at home time and for a further period at a cost of £4.00 each. For parents who are interested in skipping with their children, or who simply want some useful exercise themselves, special adult ropes are available at a cost of £5.50 each.

The ropes are made to a high standard, are light and easy to turn and allow children and adults to progress rapidly with their new skipping skills. If you would like to purchase a skipping rope for either yourself or your child, please complete and return the slip below.

Yours sincerely

Mrs English

Gymnastic Speed Ropes

Child’s Name.....Class.....

Would like to purchase.....(No) Adult rope(s) and.(No) Children’s rope(s)

I enclose £.....